

Maumelle Senior
Wellness Center
550 Edgewood Drive, Suite
400
Maumelle, AR 72113
501-851-4344

February 2010



Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <u>11:30 Lunch</u> <u>Rosemary Dijon Pork</u> <u>Chops, Peas &</u> <u>Brownie</u>	2 <u>11:30 Lunch-</u> <u>Chicken Cornbread</u> <u>Casserole, Green</u> <u>Beans & Butter Scotch</u> <u>Pudding Pie</u>	3 <u>11:30 Lunch -Taco</u> <u>Salad & Mint Choc</u> <u>Cake</u>	4 <u>11:30 Lunch-</u> <u>Alps Cassolet,</u> <u>Broccoli & Cheese &</u> <u>Chocolate Cake</u>	⁵ ⁸ 6 <u>11:30 Lunch by</u> <u>Cajun Cookers-</u> <u>Chicken Fricas-</u> <u>see, Spinach</u> <u>Bread, Thai</u> <u>Pickles & Pra-</u> <u>line Cookies</u> <u>ld</u>	6
7	8 <u>11:30 Lunch-Ham</u> <u>& Cabbage Soup,</u> <u>Salad & Punch Bowl</u> <u>Cake</u>	9 <u>11:30 Lunch-</u> <u>Chili, Crackers, Salad</u> <u>& Cinnamon Twist</u>	10 <u>11:30 Lunch -</u> <u>Spaghetti, Salad &</u> <u>Cookie</u>	11 <u>11:30 Lunch-Chicken</u> <u>& Rice, Carrot &</u> <u>Raisin Salad &</u> <u>Floating Pie</u>	12 <u>11:30 Lunch-</u> <u>Chicken Parmesan</u> <u>Pasta, Chopped</u> <u>Salad, Yeast Rolls, &</u> <u>Chocolate Dirt</u>	13
14	15 Closed For President's Day	16 <u>11:30</u> <u>Lunch Smothered</u> <u>Chicken, Mashed</u> <u>Potatoes, Green Beans</u> <u>& Peach Cobbler</u>	17 <u>11:30 Lunch-</u> <u>Meat Loaf, Mashed</u> <u>Potatoes & Gravy,</u> <u>Peas & Fresh Apple</u> <u>Cake</u>	18 <u>11:30 Lunch-</u> <u>Brodie Burgers, Ada</u> <u>Potato Salad, Boot</u> <u>Legger Beans &</u> <u>Cookie</u>	19 <u>11:30 Lunch</u> <u>by Hot Tamales- Beef</u> <u>Mushroom Barley</u> <u>Soup, Salad, Garlic</u> <u>Bread & Watergate</u> <u>Salad</u>	20
21	22 <u>11:30 Lunch-</u> <u>Shake & Bake</u> <u>Chicken, Mashed</u> <u>Potatoes & Gravy,</u> <u>Peas & Dreamiest</u> <u>Peaches</u>	23 <u>11:30 Lunch-</u> <u>Vegetable Beef Soup,</u> <u>Crackers, Salad,</u> <u>Lemon Jello Cake</u>	24 <u>11:30 Lunch-</u> <u>Potato Bar With All</u> <u>The Fixings &</u> <u>Brownie</u>	25 <u>11:30 Lunch-</u> <u>Beef & Noodles,</u> <u>Mixed Veggies &</u> <u>Cupcakes</u>	26 <u>11:30 Lunch- Broccoli</u> <u>Cheese Soup, Salad,</u> <u>Focaccia Bread &</u> <u>Chess Squares</u>	27
28	WII Hours Mon—Fri 9am– 11am					